



## Awakening Consciousness: A Boy's Guide! (Paperback)

By Robin Marvel

Loving Healing Press, United States, 2009. Paperback. Book Condition: New. 241 x 185 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Awakening Consciousness: A Boy's Guide! is a workbook designed to encourage inner-strength and growth that will encourage self-security. This action-packed guide is chock full of fun hands-on activities for all ages that will motivate and enhance a path of self-awareness, including: Making your own drum ChakraCizing your body and spirit Finding your totem Practicing the pendulum Discovering your spirit guide Learning how to keep a strong aura Native-American legends and lore Parents and Educators Rave About Awakening Consciousness Robin Marvel has done it again! This time she has created a book specifically for young boys to attain self-esteem and confidence in their lives. The exercises are experiential, taking the young boy to a higher state of consciousness while having fun. --Irene Watson, author The Sitting Swing: Finding Wisdom to Know the Difference With Awakening Consciousness: A Boy's Guide workbook, boys will have a wonderful time exploring their spiritual side. In fact, I believe adults would enjoy it too! --Kelly Wallace, professional psychic counselor, author 10 Minutes a Day to a Powerful New Life!...



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