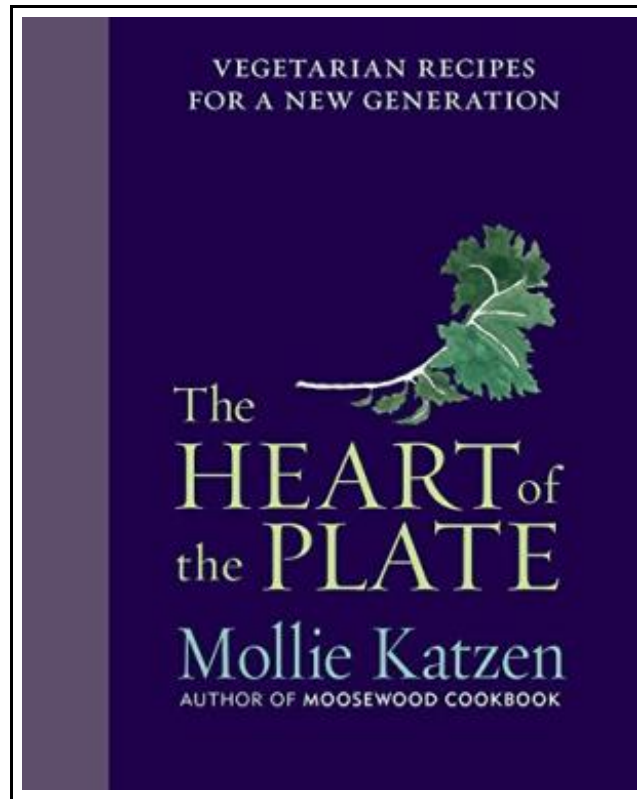


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THE HEART OF THE PLATE: VEGETARIAN RECIPES FOR A NEW GENERATION

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Houghton Mifflin. 1 Cloth(s), 2013. hard. Book Condition: New. When she gave the world *The Moosewood Cookbook* nearly 40 years ago, Mollie Katzen (one of our favorite kitchen gurus) brought vegetarian cuisine into the mainstream and changed the way a generation cooked. In *The Heart of the Plate*, she reinvents the vegetarian repertoire yet again, unveiling a collection of beautiful, healthful, and unfussy dishesher "absolutely most loved" in a cuisine that is light, sharp, simple, and modular. Whether a salad of Kale and Angel Hair Pasta with Orange Chili Oil or a seasonal Autumn Lasagna, these dishes are more than simply "vegetarian," they are celebrations of vegetables. Layered dishes like Orange Rice with Black Beans, or Tiny Buttermilk Corn Cakes on a Peruvian Potato Stew juxtapose colors and textures. Suppers from the oven, like Vegetable Pizza and Mushroom Popover Pie, are comforting but never stodgy. And burgers and savory pancakesfrom Eggplant Parmesan Burgers to Zucchini Ricotta Cloud Cakesmake weeknight dinners fresh and exciting. "I have always been a gushing fan of Mollie Katzen, but even were I not, this book would make a convert out of me, committed carnivore though I am. Her espousal of vegetarian cooking focuses on flavor, taste, balancethe heart, indeed, of all cookingand should inspire everyone." Nigella Lawson 456.



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